

# 2024 Flower Bouquet CSA

## Introducing our Farm

Welcome to Smiling Frogs Farm (SFF)! We are John and Mary Self, happily married for almost 20 years and growing food together for 18 of those years! We have lived in our current home for over 7 years. 2024 will be our 4th season growing on our property. We have always focused on vegetable production but fell in love with growing flowers in 2021. We have decided to give flowers more space this year and thus our Flower Bouquet CSA was created!

## Our Growing Practices

SFF sources all of our seeds from well known, organic, and non-GMO seed companies that have signed the Safe Seed Pledge! We believe in open pollinated and heirloom vegetables. SFF only believes in all natural fertilizers, and insect & disease control. We research control recipes using all natural or made for organic gardening ingredients. We never use chemicals to solve any of our growing problems.

## Flower Bouquets

The flowers to be included in our Flower bouquets will be grown following our philosophy of using only all natural amendments and no chemicals.

Our Flower Bouquet CSA consists of four (every other week) beautiful hand-tied bouquets using only Smiling Frogs Farm flowers, wrapped in colorful paper, and ready for pick-up Wednesdays or Saturdays in June & July and/or August & September!

Over the season, May through September, recipients can expect bouquets full of many flower varieties like lilies, bachelor button, cosmos, zinnia, sunflowers, dahlias, bells of Ireland, black-eyed susans, echinacea, daisy, snapdragons, yarrow, and many more!

## Subscription Fees

Selling CSA memberships in advance of the growing season reduces the burden of up-front costs for us. Your CSA fees provide us with money to purchase seed and equipment before the season starts. We appreciate your commitment!

Our 2024 Flower Bouquet CSA is \$60 each for June & July and/or August & September

If for some reason you can no longer commit to a subscription, we have the following return policy; members must contact the farm via email to inform them of the change to their commitment. Refunds are as follows: by March 1 you will receive the full payment made minus any service fees, by April 1 you will receive 50% of payment made minus any service fees, and May 1 all payments will be non-refundable.

## **Paying for a Market Bouquet Subscription**

We accept payment via Venmo (@smilingfrogs), our Square store (link on home page), or via personal check mailed to the farm; Smiling Frogs Farm 5227 John Hager Rd Hermitage, TN. 37076 Once payment is received we will reach out via email or phone to confirm payment. We will also collect information regarding the recipient's address and contact information. With permission a gift card will be sent to the recipient informing them of the gift and asking for important information related to the subscription.

## **Picking up your Flower bouquet CSA**

Wednesday pick-up is anytime between 4 & 7pm, during our Farm Stand hours and Saturday mornings between 9 & 11 at our self-serve roadside stand (bouquets will be labeled with name). If you cannot pick-up your bouquet for some reason, please find someone to pick it up for you (a friend or neighbor). You are responsible for telling that individual where and when to pick-up. Please communicate any changes to pick-up to [mary@smilingfrogsfarm.com](mailto:mary@smilingfrogsfarm.com)

## **Questions**

Please do not hesitate to email [mary@smilingfrogsfarm.com](mailto:mary@smilingfrogsfarm.com) with any questions you may have about this subscription or any of our other offerings.