

2024 Vegetable CSA Information

Smiling Frogs Farm
John & Mary Self
Hermitage, TN 37076
mary@smilingfrogsfarm.com

We, Smiling Frogs Farm (SFF), wish to provide you with fresh, naturally grown, seasonal vegetables, herbs, and fruit and you, the member, wish to receive a portion of our harvest. This agreement outlines our shared commitments to that relationship.

Introducing Our Farm

A. Becoming a Part of Our Farm

Community Supported Agriculture (CSA) is a relationship between SFF and you. Rather than simply purchasing food and/or flowers, our customers become “members” of this farm who receive a portion of the farm’s harvest. In 2024, our memberships run every other week in June & July, August & September, plus a new opportunity in October & November. Members are responsible for showing up to pick up their share of freshly harvested produce or select delivery for an additional fee. You will generally receive vegetables, fresh herbs, and fruit equivalent to about \$33. Detailed information regarding pick-up is discussed below. Variety and quantity may vary as described below.

B. Our Growing Practices

SFF sources all of our seeds from well known, organic, and non-GMO seed companies that have signed the Safe Seed Pledge! We believe in open pollinated and heirloom vegetables. SFF only believes in all natural fertilizers and insect & disease control. We research control recipes using all natural or made for organic gardening ingredients. We never use chemicals to solve any of our growing problems.

*C. The Products We Expect for **2024 vegetable share***

One of the most unique parts of SFF is we grow what you want. The information below outlines some of the vegetables we hope to deliver and when you may see them in your share. This information is based on our best estimate, but of course weather, pests, and other events will affect actual production. Once we receive your payment you will be emailed a vegetable survey. We want to know what you want to eat! If you hate radishes, we will not pack you radishes. If you love tomatoes, we will pack you extra tomatoes! If you are allergic to eggplants we will not pack eggplants. Think of it as a custom or personalized basket of veggies. No two baskets will be the same!

June & July: Arugula, Lettuce, Spinach, Swiss Chard, Kale, Collard Greens, Carrots, Green Onions, Beets, Green Beans, Broccoli, & Tomatoes, Cucumbers, Summer Squash, and Okra

August & September: Green Beans, Tomatoes, Cucumbers, Summer Squash, Okra, Turnips, Radishes, Carrots, Peppers, Eggplant, and Raspberries.

October & November: Arugula, Spinach, Lettuce, Cucumbers, Peppers, Eggplant, Butternut and Acorn Squash, Kale, Collard Greens, Swiss Chard, Bok Choi, Cabbage, Broccoli, & Cauliflower.

Our Shared Commitment

A. Sharing in the Risk of Crop Failure

We promise to do our best to provide you with a bountiful share. The quantity of produce/herbs/flowers, however, may vary from month-to-month due to extreme weather, insects, or other production factors despite our best efforts. By joining our CSA, you are agreeing to share the risk of crop failure with us and other members. In the unlikely event of a crop failure, our procedure is as follows: If only a small portion of a crop fails, we compensate for the failed crops by filling your share with other crops grown on the farm that are ready for harvest at that time. If a large portion of a crop fails, we may not be able to deliver any of that crop for some time.

B. Sharing in the Reward of Crop Surplus

In addition to our CSA memberships, SFF plans to host Farm Stand sales. Although production is not segregated, our CSA shares receive priority. After filling our CSA shares with the best of the week's harvest first, the remainder will be sold here on the farm to the public.

Picking Up Shares

This year we are offering TWO pick-up options; Wednesdays evenings & Saturday mornings! We will host a Farm Stand at the farm on Wednesdays from 4-7pm and Saturday morning will be self-serve from 9-11am. You are responsible for picking up your share during your pick-up time. We also offer delivery! For an additional fee we will deliver your share to your home or office on an agreed upon day and time.

If you cannot pick-up your share, please arrange for someone else to pick it up for you. You are responsible for explaining the pick-up location and procedures to your substitute. If you wish to change your delivery site, please email mary@smilingfrogsfarm.com with details. Shares that are not retrieved within the pick-up time will be donated or sold.

Member Fees

Selling memberships in advance of the growing season reduces the burden of up-front costs for us. Your membership fees provide us with money to purchase seed and equipment before the season starts. We appreciate your commitment!

We will offer two vegetable memberships:

One half bushel every other week June through July for \$135

One half bushel every other week August through September for \$135

One half bushel every other week October through November for \$135

Delivery to your work or home is available for an additional fee:

Every other week delivery is an additional \$8 per week

We accept payment via Venmo (@marycself), our Square store (link on home page), or via personal check mailed to the farm; Smiling Frogs Farm 5227 John Hager Rd Hermitage, TN. 37076 Once payment is received we will reach out via email or phone to confirm payment.

If for some reason you can no longer commit to membership, we have the following return policy; Members must contact the farm via email to inform them of the change to their membership commitment. Refunds are as follows: by March 1 you will receive the full payment made minus any service fees, by April 1 you will receive 50% of payment made minus any service fees, and May 1 all payments will be non-refundable.

Communicating with Us

During the off-season the best way to communicate with us is via email. We will add your email to our distribution list. Please read your emails from us. We depend on being able to communicate important information such as necessary changes to your distribution schedule.

During the growing season the best way to communicate with us is via phone. We will do our best to respond as soon as possible if we miss your call. Please contact us with any news of the following: changes to your email address, changes to your drop-site location, pick up changes, or dissatisfaction with your share.

Questions

Email mary@smilingfrogsfarm.com with any questions!